

North of England Commissioning Support

Medicines Optimisation

*Guidance on prescribing continence appliances in
primary care in North East Lincolnshire Clinical
Commissioning Group*

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| Document Summary | |
|---|---|
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1. Introduction

1.1. Aim

- The aim of this document is to provide guidance on issuing prescriptions for appliances to manage urinary incontinence, to help reduce over-ordering, wastage, poor communication and inappropriate use.
- The document outlines the responsibilities of the continence advisor, GP, dispensing contractor (dispensing appliance contractor (DAC), community pharmacy and dispensing doctor) and the patient/carers or relatives.

The healthcare professional (HCP) who prescribes the treatment legally assumes clinical responsibility for the treatment and the consequences of its use.

1.2. Scope of the guidance

This guidance is designed to be used by all prescribers, GP practices and specialist nurses.

1.3. Key messages

1.3.1. Responsibilities of the HCP initiating urinary catheterisations

Assess the patient, then select and initiate the most appropriate product(s) for treatment/management without pressure from any sponsoring company. Product selection should be made to meet patient needs on an individual basis as not all products are suitable for all.

- Appendix two provides guidance to prescribers for cost effective first line products. It is not intended to restrict patient choice.
- Only continence products listed in the Drug Tariff should be initiated.
- Ensure the patient has an established treatment plan that they fully understand.
- Communicate promptly with the patient's GP regarding:
 - Product initiation (including product codes)
 - Expected monthly usage
 - Expected duration of treatment; or, if long term, date of next review
- Monitor response to treatment, or advise GP of monitoring requirements.
- Following any change to prescription, advise both GP and dispensing contractor (where appropriate) of any modifications.
- Ensure clear arrangements for back-up stock, advice and support.
- HCPs must remember that the risks associated with catheter usage are of a serious nature that increasingly may become more difficult to justify.
- The need for urinary catheterisation must be reviewed on a regular basis and as circumstances change. If appropriate consider intermittent catheterisation.

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- Ensure indwelling catheterisation is used as a last resort and only when at least one of the following has been met.
 - To maintain a dry environment and prevent skin maceration when a patient is suffering from urinary incontinence and all other forms of nursing intervention have failed.
 - Inability to self toilet due to social, disability or terminal illness. In these cases patients should be informed of the potential risks as well as benefits.
 - Following discharge from Secondary Care where urinary catheterisation is part of the treatment. This is usually temporary, patients maybe readmitted for a trial without catheter or arrangements made for this to be performed in the community.
 - Where chronic retention is present accompanied by a history of renal dysfunction/damage and intermittent self catheterisation is not a viable option.
- The only exception to this might be the first prescription following discharge to ensure the patient has a supply of products at home. In these circumstances supply is initiated by the Acute Trust specialist team.

1.4. Responsibilities of the Practice

Initiate system for supply and then continue prescribing, adjusting prescriptions for product(s) as advised by the specialist.

- Check quantities requested against information in Formulary. This gives suggested quantities, directions and notes to assist with prescribing. Be aware of the normal usage rate by the patient and ensure that any irregularities are flagged to the GP and reviewed with the patient/carer.
- The practice should not issue retrospective prescriptions requested by the dispensing appliance contractor.
 - The dispensing contractor must receive the prescription PRIOR to the delivery of items.
 - If the dispensing contractor delivers item(s) prior to receiving a prescription, a prescription may not be issued to cover the supply if it is not considered necessary/appropriate.
- Print prescription for patient/carer (or send to contractor) within the agreed turnaround time and by the agreed method of dispatch.
- If using Electronic Prescription Service (EPS), the patient can nominate a pharmacy for the dispensing of medicines AND an appliance contractor for the dispensing of continence appliances.
- Document any communication from the dispensing contractor and specialist in the patient's clinical record.

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- Report to and seek advice from the specialist or prescriber on any aspect of patient care that is of concern and may affect treatment.
- Stop or adjust treatment/management on the advice of the specialist or prescriber or immediately if an urgent need to stop treatment arises.
- Copies of the Appliance Use Review (AUR) should be reviewed by an appropriate person in the practice and stored in the patient's medical records.
- Ensure clear communication to the patient with regard to the process agreed between the practice and the contractor e.g. the interval prior to delivery when the regular prescription request should be submitted.
- When a patient dies, the practice must inform the dispensing contractor so that any prescriptions (including repeat dispensing prescriptions) that have not yet been sent or dispensed can be retrieved and destroyed.
- The practice should ensure that the patient/carer:
 - Understands the treatment.
 - Is aware of how to raise any concerns and report any problems in relation to the treatment.
 - Understands the ordering process and reports any problems with supply to the specialist or GP.
- It is strongly recommended that the practice has its own agreed protocol for how it deals with dispensing contractors.

1.4.1. Points to consider

- Where possible, agree a named person at the GP practice for managing prescription requests.
- If possible, agree a named contact with the dispensing contractor. All prescription requests should come from the patient/carer, however the contractor may need to be contacted to clarify the delivery schedule, product availability etc.
- Consider frequency of supply and the turnaround time from request of prescription by dispensing contractor to dispatch of prescription from surgery (e.g. 48 hours).
- Consider method of receipt of prescription by contractor e.g. fax, email, post or EPS. It is recommended that if prescriptions are posted to contractors, a record is kept and if possible a certificate of posting obtained (to help with any queries regarding missing prescriptions).
- It is strongly recommended that requests for emergency prescriptions should only be accepted from the patient/carer.

If there are concerns around over ordering or the first line choice listed is unsuitable please contact your local Continence Service for further advice and support on (01472) 256702 and see algorithm in appendix One.

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1.5. Responsibilities of the patient or carer

- To order when they reach a defined threshold sufficient to allow time for the processing of the prescription.
- To avoid stock piling:
 - products have a recommended shelf life and are influenced by changes in temperature.
 - product choice may change over a period of time.

References

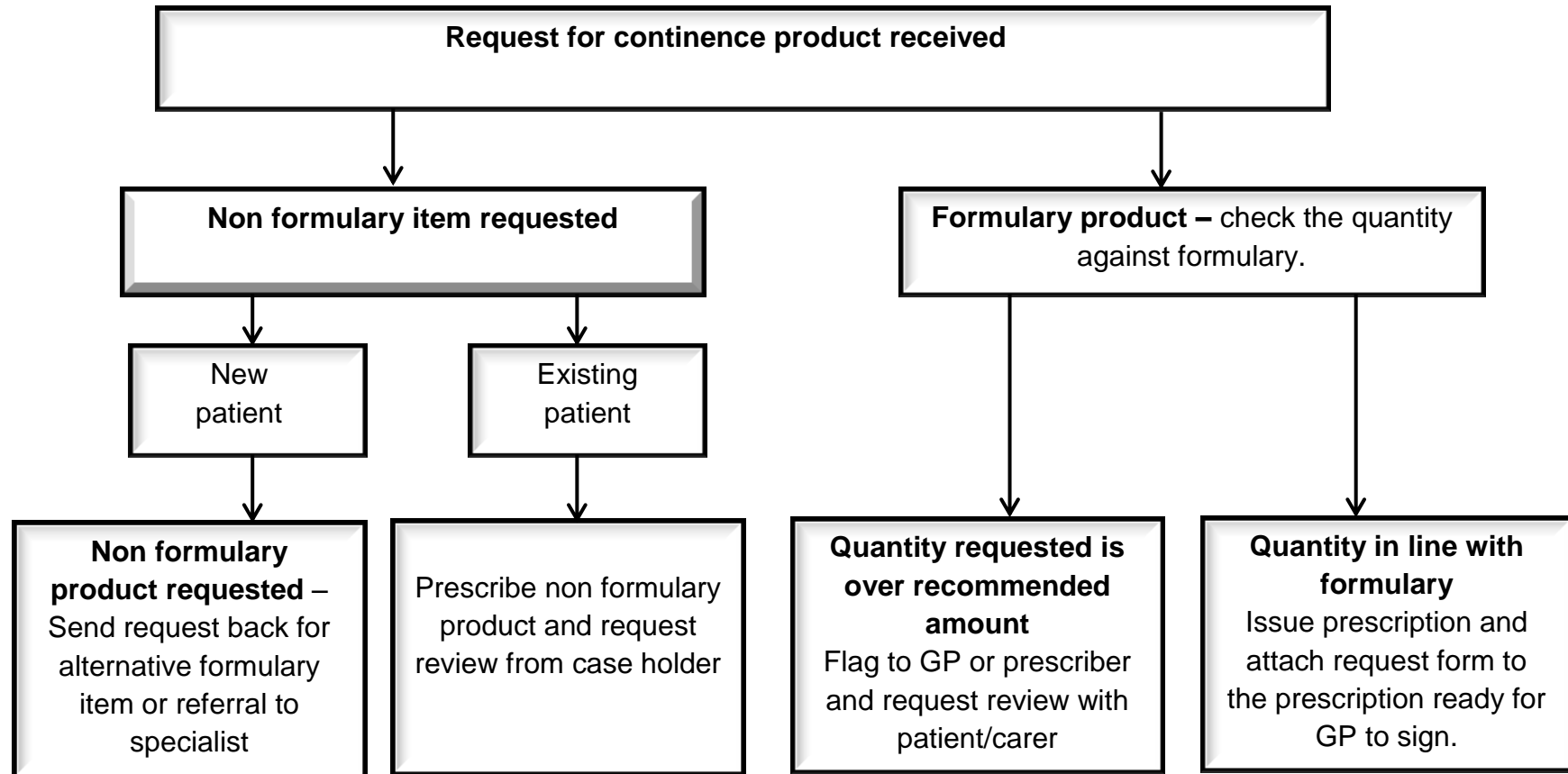
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Acknowledgements

Hartlepool and Stockton-on Tees (HAST) CCG Guidance on Prescribing Continence products in General practice

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Appendix One: Contenance appliance prescription request algorithm for new and existing adult patients



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Appendix Two: Formulary

Prices correct as at January 2017

| Patient Advice |
|---|
| <p>Hygiene Normal daily bath or shower. Antiseptic solutions DO NOT reduce bacterial infection. Too frequent washing may upset normal meatal flora which acts as a defence mechanism. If meatal cleansing is required use soap and water and a disposable cloth designated for this purpose(3)</p> |
| <p>Fluid Intake Aim for a fluid intake of 1500-2000ml over 24hours (unless contra-indicated) as this helps to prevent infection(4) Diuresis may assist in voiding micro-organisms from residual urine in the bladder. Dilute urine will reduce the concentration of encrustation components(2)</p> |
| <p>Changing bags. Do not change more frequently than necessary (once a week). Remove protective cap from new drainage bag/catheter valve and insert the ends as quickly as possible ensuring the ends of the bag/ catheter valve are not touched. This reduces the risk of contamination of bag and catheter</p> |

| Catheterisation pack | | | |
|----------------------|---|------------|---|
| Order code | Glove Size | Unit price | Notes |
| 908410 | Cath-it Insertion/Removal Pack Small/Medium | £1.98 | A two layer system, layer 1 catheter removal kit, layer 2 catheter insertion kit. (catheter or anesthetic gel not included) Facilitates aseptic non-touch technique (ANTT) to reduce risk of catheter associated urinary tract infections (CAUTI). Cost effective as supplied in one packet reducing nursing time and FP10 costs. |
| 908420 | Cath-it Insertion/Removal Pack Med/Large | | |
| 908430 | Cath-it Insertion/Removal Pack Large/Ex Large | | |

| Anaesthetic lubricant /Lubricant (Check not included with catheter) | | | |
|---|--|------------|--|
| Order code | Product | Unit price | Notes |
| CJL 08501 | Cathejell Lidocaine 8.5g Anaesthetic lubricant | £1.20 | One to be used at each catheter change. Order in singles appropriate to the number of catheters prescribed. For urethral catheter insertion 8.5g female, 12.5g male. Licensed for supra pubic use where appropriate – 8.5g to be used. To reduce injury to the urethra and subsequent risk of possible urethra damage. |
| CJL 12501 | Cathejell Lidocaine 12.5g Anaesthetic lubricant | £1.25 | |

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|--------------|---|-------|--|
| CJM 08501 | Cathejell Mono 8.5g lubricant | £0.80 | To facilitate pain free insertion. To help reduce the risk of associated infection |
| CJM 12501 | Cathejell Mono 12.5g Lubricant | £0.85 | |
| T872 | Instillagel 6ml Tubes anaesthetic lubricant | £1.41 | One to be used at each catheter change. Order in singles appropriate to the number of catheters prescribed |
| T881 | Instillagel 11ml Tubes anaesthetic lubricant | £1.58 | Licensed for the male and female urethra during cystoscopy, catheterisation and exploration by ultrasound and other endourethral operations. |

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Urinary Catheters

Patient assessment, monitoring and ongoing support is essential to prevent urinary tract infections and improve quality of life for those patients who have a urinary catheter.

Aim to remove catheter as soon as possible following insertion if appropriate

Aim to use the smallest size that provides adequate drainage to avoid problems such as bypassing.

Select the correct length and type of catheter. Standard/male – for males/females and suitable for supra pubic catheterisation. Female – for females only.

Use 10ml balloon, use the recommended amount of fluid required to fully inflate the balloon. Under inflation can distort the angle of the catheter tip, causing bladder spasm, over inflation could cause the balloon to burst

Long Term Catheters Supra pubic and urethral use. Can be left in place for a maximum of 12 weeks

| Order code | Product | Gauge/CH | Unit price | Notes |
|------------|---|--|------------|--|
| 08501205W | LINC Medical | 12 | £5.52 | Standard/Male |
| 08501405W | Foley 2-way Round tip silicone catheter. Suprapubic and urethral use | 14 | £5.52 | Includes empty syringe for deflation, Anaesthetic lubricant /Lubricant and syringe containing fluid for inflation. Initial prescription for 3 then One every 12 weeks |
| 08501610W | | 16 | £5.52 | |
| 085012051W | | LINC Medical | 12 | |
| 085014051W | Foley 2-way Round tip silicone catheter. Suprapubic and urethral use | 14 | £5.52 | Includes empty syringe for deflation Anaesthetic lubricant /Lubricant and syringe containing fluid for inflation. Initial prescription for 3 then One every 12 weeks |
| 085016101W | | 16 | £5.52 | |
| DH310112 | | Rusch Sympacath Aquaflate Hydrogel coated latex catheter. Suprapubic and urethral use | 12 | |
| DH310114 | 12 | | | |
| DH310116 | 12 | | | |
| DH210112 | Rusch Sympacath Aquaflate Hydrogel coated latex catheter Suprapubic and urethral use | 12 | £6.18 (10) | Female Only Includes empty syringe for deflation of previous catheter and a syringe prefilled with sterile water. Initial prescription for 3 then One every 12 weeks(no lubricant supplied) |
| DH210114 | | 14 | | |
| DH210116 | | 16 | | |

| Long term Catheters 2 nd line choice – All silicone catheters suprapubic and urethral use Change no later than 12 weekly | | | | |
|---|---|----------|---------------|--|
| Order code | Product | Gauge/CH | Unit price | Notes |
| DA310112 | Rusch Sympacath Aquaflate All Silicone catheter | 12 | £6.07 (10) | Standard/ Male Includes empty syringe for deflation of previous catheter and a syringe prefilled with sterile water Initial prescription for 3 then One every 12 weeks.(no lubricant supplied) |
| DA310114 | | 14 | | |
| DA310116 | | 16 | | |
| DA210112 | Rusch Sympacath Aquaflate All Silicone catheter | 12 | £6.07 (10) | Female Only Includes empty syringe for deflation of previous catheter and a syringe prefilled with sterile water. Initial prescription for 3 then One every 12 weeks (no lubricant supplied) |
| DA210114 | | 14 | | |
| DA210116 | | 16 | | |
| Long Term Catheters all silicone - urethral use only Change no later than 12 weekly | | | | |
| Order code | Product | Gauge/CH | Unit price | Notes |
| 34220512 | Qufora All silicone catheter | 12 | £4.29 each | Male urethra use only. Includes empty syringe for deflation and syringe filled with glycerin for inflation |
| 34220514 | Qufora All silicone catheter | 14 | | |
| 34220516 | Qufora All silicone catheter | 16 | | |
| 34240512 | Qufora All silicone catheter | 12 | £4.29 each | Female urethra use only. Includes empty syringe for deflation and syringe filled with glycerin for inflation |
| 34240514 | Qufora All silicone catheter | 14 | | |
| 34240516 | Qufora All silicone catheter | 16 | | |

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| Long term catheter – All silicone suprapubic use only | | | | |
|---|--|----------|------------|--|
| Order code | Product | Gauge/CH | Unit price | Notes |
| 34230212 | Qufora All Silicone catheter-Suprapubic | 12 | £5.50 each | Open Tipped Suprapubic Catheter with 5/10ml balloon. Includes empty syringe for deflation and syringe filled with glycerin for inflation |
| 34230214 | Qufora All Silicone catheter-Suprapubic | 14 | | |
| 34230216 | Qufora All Silicone catheter-Suprapubic | 16 | | |

| Specialist catheter – All silicone suprapubic use only | | | | |
|--|------------------------|----------|------------|--|
| Order code | Product | Gauge/CH | Unit price | Notes |
| D236512S | Bard Bardex I.C | 12 | £9.76(1) | Standard/Male With silver alloy coating and pre-filled syringe of sterile water. Should only be used for 3 consecutive months initially – further use requires discussion with continence team. |
| D236514S | | 14 | | |
| D236516S | | 16 | | |
| Order code | Product | Gauge/CH | Unit price | Notes |
| 08451205W | Linc medical | 12 | £10.95 (1) | All Silicone Open Tipped Catheter with UniBal type balloon with sterile water filled syringe for balloon inflation, empty syringe for balloon deflation and a syringe of lidocaine & chlorhexidine for lubrication May help with life of catheter in cases of persistent blockage urethral or supra pubic use |
| 08451405W | | 14 | | |
| 08451610W | | 16 | | |
| 08451810W | | 18 | | |

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| Medium term catheter – Licensed to be used for a maximum of 28 days | | | | |
|---|--|----------|---------------|---|
| Order code | Product | Gauge/CH | Unit price | Notes |
| DP210112 | Rusch Aquaflate All PTFE Coated latex foley catheter | 12 | £2.16 (10) | Female Includes empty syringe for deflation of previous catheter and a syringe prefilled with sterile water. Initial prescription for 3 then One every 4 weeks |
| DP210114 | Rusch Aquaflate All PTFE Coated latex foley catheter | 14 | | |
| DP210116 | Rusch Aquaflate All PTFE Coated latex foley catheter | 16 | | |
| DP310112 | Rusch Aquaflate All PTFE Coated latex foley catheter | 12 | £2.16 (10) | Male Includes empty syringe for deflation of previous catheter and a syringe prefilled with sterile water. Initial prescription for 3 then One every 4 weeks |
| DP310114 | Rusch Aquaflate All PTFE Coated latex foley catheter | 14 | | |
| DP310116 | Rusch Aquaflate All PTFE Coated latex foley catheter | 16 | | |

| Catheter Valves | | | |
|---|------------------------|--------------|--|
| For use with indwelling catheters only. These provide a discrete alternative to drainage bags. Their use helps to imitate normal bladder function by allowing the bladder to fill and empty, maintaining normal capacity and tone. They allow the catheter balloon to be lifted from the bladder wall decreasing the risk of bladder wall erosion and trauma to the bladder neck. Contra-indicated in: Reduced bladder capacity:/No bladder sensation: Cognitive impairment: Poor manual dexterity: Renal impairment/Post Radical Prostatectomy | | | |
| Order code | Product | Unit price | Notes |
| 21104204 | MacGregor Qufora | £8.50 (5) | Catheter valves should be changed every 5-7 days. One pack of 5 per month Review weekly |
| PCV3942 | Prosyst Clini-Supplies | £9.50 (5) | |

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Catheter drainage bags – LEG BAGS

Leg bags may be worn in different positions on the leg, i.e. inside thigh/calf, which is an individual choice, and this will determine the length of the inlet tube. Maintaining a closed drainage system (i.e. not removing the leg bag when attaching a night bag) reduces the risk of infection. The leg bag must remain connected to the catheter and linked to the night bag if additional drainage capacity is required overnight. 500mls bags have been listed below, as this is the most common size used. Other volume leg bags are available

| Order code | Product | Pack Size | Pack price | Notes |
|------------|--|-----------|------------|---|
| LM500SD-L | Linc-Flo Lever Tap Direct inlet | 500ml x10 | £22.09 | All the leg bags are sterile and include 1 pair of leg straps & a pair of gloves Linc-Flo Leg bags should be changed every 5-7 days, Qufora every 10 days (manufacturers recommendation). No more than one box of ten should be issued alternate months (6 x10 boxes per year). Orders in excess should be questioned as it is poor practice and increases risk of infection to change more frequently than every 5-7 days.(including care homes) |
| LM500MD-L | Linc-Flo Lever Tap 10cm Tube | | | |
| LM500LD-L | Linc-Flo Lever Tap 30cm Tube | | | |
| 12161704 | Qufora sterile, Q flow lever tap Direct | 500ml x10 | £22.40 | |
| 12161804 | Qufora sterile, Q flow lever tap Short | | | |
| 12161504 | Qufora sterile, Q flow lever tap Long | | | |
| LM500SD-T | Linc-Flo T-tap Direct inlet | 500ml x10 | £22.13 | |
| LM500MD-T | Linc-Flo T-Tap 10cm Tube | | | |
| LM500LD-T | Linc-Flo T-Tap 30cm Tube | | | |
| 12151704 | Qufora sterile leg bag Direct inlet T-Tap | 500ml x10 | £22.40 | |
| 12151804 | Qufora sterile leg bag Short inlet T-Tap | | | |
| 12151504 | Qufora sterile leg bag Long inlet T-Tap | | | |

Intermittent catheters (ISC)

- These are suitable for patients with incomplete bladder emptying e.g. neurogenic bladder disorders, particularly patients with multiple sclerosis, spina bifida, diabetes and spinal cord injury.
- These catheters are for single use only.
- Patient needs good dexterity and cognitive ability.
- Help to reduce catheter-associated urinary tract infections (CAUTI)
- How many a patient uses a day depends on their medical reason for ISC ranging from 1 to a usually maximum of 5 times daily.(refer back for overuse)
- All patients to be managed by the Continence team.

| Order code | Product | Gauge/C H | Unit price | Notes |
|------------|--|-----------|--------------------------|--|
| 228010E | Actreen Lite Mini Female B.Braun Medical | 10 | £43.96 per pack of 30 | Pre-lubricated with glycerine for smooth insertion and removal Review every 3 months The Quantity supplied to the patient needs to be stipulated by the clinician at the start of treatment. |
| 228012E | | 12 | | |
| 228014E | | 14 | | |
| CL10 | Curan Lady (Clinimed) | 10 | £41.79 Per pack of 30 | Female15cm Low friction catheter in saline with easy-grip handle Review every 3 months The quantity supplied to the patient needs to be stipulated by the clinician at the start of treatment |
| CL12 | | 12 | | |
| CL14 | | 14 | | |
| 28580 | Speedicath Compact (Coloplast) | 10 | £46.72 Per pack of 30 | |
| 28582 | | 12 | | |
| 28584 | | 14 | | |
| 4161025 | LoFric Sense (Wellspect HealthCare) | 10 | £47.37 per pack of 30 | |
| 4161225 | | 12 | | |
| 4161425 | | 14 | | |
| 4161625 | | 16 | | |

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| Intermittent catheters (ISC) Continued | | | | |
|--|---|----|--------------------------|--|
| 630010 | Liquick Base (Teleflex) | 10 | £84.00 per pack of 60 | Male |
| 630012 | | 12 | | |
| 630014 | | 14 | | |
| 630016 | | 16 | | |
| 28410 | Speedicath Coloplast | 10 | £45.17 per pack of 30 | Standard/ Male (Pre-Hydrated Polyurethane) Pre-lubricated with glycerine for smooth insertion and removal Review every 3 months 1 pack of 30 every month |
| 28412 | | 12 | | |
| 28414 | | 14 | | |
| 28416 | | 16 | | |
| 4431225 | Lofric Origo Male (Wellspect Healthcare-(Formerly Astra Tech) | 12 | £51.28 per pack of 30 | Standard/male with integrated water-pocket and a handling aid for hygienic non-touch catheterisation. Review every 3 months 1 pack of 30 every month |
| 4431425 | | 14 | | |
| 4431625 | | 16 | | |

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| Night bags | | | | |
|--|--|------------------|-------------------------|--|
| <p>Suitable for night time use for the collection of urine from indwelling catheters or urinary sheaths. The position of the bag should be below bladder level to enhance drainage.</p> <p>Night bags should be directly connected to the leg bag to maintain a closed system.</p> <p>Night bags should be used in conjunction with a catheter stand, available from Clinisupplies (not available on FP10). Non-drainable night bags are the preferred option as single use reduces the risk of infection.</p> | | | | |
| Order code | Product | Pack Size | Unit price | |
| LM2LNS | LINC medical non-sterile | 2L x 10 per pack | £2.11 per pack of 10 | non-sterile 2 litre overnight drainage bag with 100cm inlet tube and non-return valve. |
| PSU2 | ProSys Non- sterile 2 litre night bag with single use drainable tap | 2L x 10 per pack | £3.04 per pack of 10 | Drainable night bag (single use) Care homes should always use this type of night bag attached to a leg bag. Change each day. No more than 3 packs per month |
| LM2LS | LINC-Flo sterile | 2L x 10 per pack | £2.63 per pack of 10 | 2 litre overnight drainage bag with 100cm inlet tube and non-return valve |
| SLC13 | Linc-Flo Slide outlet tap | 2L x 10 per box | £9.44 per pack of 10 | <p>Sterile drainable night bags Include 1 pair of leg straps and a pair of gloves</p> <p>For community bed bound patients it may be appropriate for a sterile drainable 2 litre bag to be connected directly to the catheter. (Not recommended for care home patients due to risk of cross infection).</p> <p>Drainable night bags should be changed every 5-7 days (manufacturer's recommendation).</p> <p>No more than one box of ten should be issued alternate months (6x10 boxes per year)</p> |
| SLC13-L | Linc-Flo lever outlet tap | 2L x 10 per box | £9.44 per of 10 | |
| 14823204 | Qufora U4 drainable night bag with 120cm inlet tube | 2L x 10 | £9.57 per pack of 10 | |
| P2000 | ProSys Slide outlet tap | 2L x 10 per pack | £11.96 per pack of 10 | |
| P2000-LT | ProSys Lever outlet tap | 2L x 10 per pack | £1.20 (£11.96 per pack) | |

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Catheter accessories

It is extremely important that both the catheter and leg bag is well supported to reduce traction and trauma to the bladder neck/urethra.

| Order code | Product | Pack Size | Unit price | Use |
|------------|---|-------------------------|---------------------|---|
| 3002 | UGO fix catheter strap Short | upto 45cm (x5) | £12.50 | The catheter strap is used as a retaining strap which secures the tubing or catheter firmly and comfortably against the leg acting as a shock absorber for all indwelling catheters. Larger and smaller sizes are available if required These are washable and reusable One Pack of 5 Catheter fixation straps should last every 4-6 months (including care homes) |
| 3003 | UGO fix catheter Strap Medium | upto 80cm (x5) | £13.80 | |
| 3009 | UGO fix catheter Strap Long | upto 130cm (x5) | £16.80 | |
| 10644A | GB fix it catheter retainer strap | 45cm(x5) | £14.10 | The catheter strap is used as a retaining strap which secures the tubing or catheter firmly and comfortably against the leg acting as a shock absorber for all indwelling catheters. These are washable and reusable One Pack of 5 Catheter fixation straps should last every 4-6 months (including care homes) |
| 10645B | GB fix it catheter retainer strap | 80cm(x5) | £15.43 | |
| 10647D | GB fix it adjustable catheter retainer strap | 150cm(x5) Cut to fit | £17.78 | |
| 3004 | Ugo Fix Gentle | 5 | £12.35 | For the fixation of foley catheters |
| 3005 | Ugo Fix sleeve small | 24cm-39cm | £7.28 per pack of 4 | Adhesive dressing with retainer to secure catheter in place – change every seven days. Can be used to support leg bags attached to urethral catheters, suprapubic catheters and urinary sheath systems. |
| 3006 | Ugo Fix sleeve Medium | 36cm-55cm | £7.28 per pack of 4 | |
| 3007 | Ugo Fix sleeve Large | 40cm-70cm | £7.28 per pack of 4 | |
| 3007 | Ugo Fix sleeve Extra large | 65cm-90cm | £7.28 per pack of 4 | |

| Catheter accessories Continued | | | | |
|--------------------------------|-------------------------------|-----------|------------|--|
| Order code | Product | Pack Size | Unit price | Use |
| 150111 | Uri sleeve Small (Bard) | 24-39cm | £8.23 | The leg sleeve can be used as an alternative or alongside leg straps. Particularly good if patient has frail skin, or problems with straps digging into or rubbing against the leg as it distributes the weight of the urine more uniformly. One Pack of 4 Leg bag holders should last for four to six months (including care homes) |
| 150121 | Uri sleeve Medium (Bard) | 36-55cm | £8.23 | |
| 150131 | Uri sleeve Large (Bard) | 40-70cm | £8.23 | |
| 150141 | Uri sleeve Extra Large (Bard) | 65-95cm | £8.14 | |

| Catheter maintenance solutions | | | | |
|--|---|----------|---|---|
| Rationale for use – Catheter not draining. First check for mechanical reasons for blockage i.e kinked/obstructive tubing/constipation then follow below: | | | | |
| First blockage | | | Persistent Blocker | |
| Recatheterise Document change in notes Open up catheter lumen Note if blockage due to debris or encrustation – record on catheter template Advise increased fluid intake | | | Note expected life of catheter Trial of catheter maintenance solution Debris Encrustation 0.9% normal saline daily instillation for 2 weeks (see algorithm in Care Plus catheter policy http://www.nelctp.nhs.uk/url/go/82 (5)) | |
| Order code | Product | Volume | Unit price | Use |
| FB99965 | Uro-Tainer PHMB 0.02% Polihexanide | 100ml | £3.40 | There should be a clinical rationale for use and care. Please follow algorithm (5) Should only be considered for short-term use, to treat indwelling catheters for prevention of encrustation, or to dissolve crystal formation prior to removal of catheter to prevent urethral trauma. Citric acid should only be used for patient with evidence of grit. Two sequential instillations of a small volume are more effective than a single administration (3). |
| 9746609 | Uro-Tainer Twin Suby G 3.23% Citric Acid | 2 x 30ml | £4.81 | |
| 9746625 | Uro-Tainer Twin Solution R 6.0% Citric Acid | 2 x 30ml | £4.81 | |
| CSG100 | OptiFlo G 3.23% Citric Acid (Suby G) | 100ml | £3.56 | |
| CSR100 | OptiFlo R 6.0% Citric Acid (Solution R) | 100ml | £3.56 | |
| CSS100 | Optiflo S 0.9% Saline | 100ML | £3.36 | |

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| Urinary sheaths – Over ordering more than one box of thirty per month may indicate poor fit - refer to continence team for advice | | | | |
|---|--|--------|------------------------|---|
| Order code | Product | Volume | Unit price | Use |
| GBLSS24 | Great Bear Libra Sheath Standard | 24mm | £46.80 for 1 box of 30 | <p>Can offer a valuable alternative method of urinary incontinence management for men.</p> <p>It is important to accurately assess for type and size of sheath using manufacturers measuring device.</p> <p>It is recommended that sheaths are changed on a daily basis.</p> <p>It may be necessary to use a fixation strip to ensure the sheath remains in place.</p> <p>Please ensure an adhesive remover spray is used if unable to bath/shower daily to prevent skin stripping on sheath removal.</p> <p>It is recommended one box of thirty should be sufficient per month</p> |
| GBLSS28 | | 28mm | | |
| GBLSS31 | | 31mm | | |
| GBLSS35 | | 35mm | | |
| GBLSS40 | | 40mm | | |
| GBLSP24 | Great Bear Libra Sheath Pop-on | 24mm | £46.80 for 1 box of 30 | |
| GBLSP28 | | 28mm | | |
| GBLSP31 | | 31mm | | |
| GBLSP35 | | 35mm | | |
| GBLSP40 | | 40mm | | |
| GBLSW24 | Great Bear Libra Sheath Wide Band | 24mm | £46.80 for 1 box of 30 | |
| GBLSW28 | | 28mm | | |
| GBLSW31 | | 31mm | | |
| GBLSW35 | | 35mm | | |
| GBLSW40 | | 40mm | | |
| 5243 | Clear advantage standard | 24mm | 30 for £50.52 | |
| 5283 | | 28mm | | |
| 5232 | | 31mm | | |
| 5263 | | 36mm | | |
| 5403 | | 40mm | | |

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| Urinary sheaths continued | | | | |
|---------------------------|---------------------------|-----------|---------------|-----|
| Order code | Product | Pack Size | Unit price | Use |
| 7243 | Clear advantage pop-on | 24mm | 30 for £50.52 | |
| 7283 | | 28mm | | |
| 7323 | | 31mm | | |
| 7363 | | 36mm | | |
| 7403 | | 40mm | | |
| 9243 | Clear advantage wide band | 24mm | 30 for £50.52 | |
| 9283 | | 28mm | | |
| 9323 | | 31mm | | |
| 9363 | | 36mm | | |
| 9403 | | 40mm | | |

| Sheath accessories | | | |
|--------------------|-------------------------------|---------------|-------------|
| Order code | Product | Pack Size | Unit price |
| 10380A | GB soft skin adhesive remover | 50ml aerosol | £9.19 |
| 62042 | Coloplast prep wipes | £10.61 for 51 | One per day |

| Urinals |
|--|
| <ul style="list-style-type: none"> • These may be used for patients who have functional incontinence. • These should be used as part of the patient's treatment or management plan |

Appendix Three: Abbreviations

| Abbreviation | Definitions |
|--------------|-----------------------------------|
| HCP | Healthcare professional |
| AUR | Appliance Use Review |
| DAC | Dispensing Appliance Contractor |
| ISC | Intermittent Self Catheterisation |
| EPS | Electronic Prescription Service |
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